

# The Ingredient Company

## A Look At 2007.....

### Top 20 Culinary Trends\*

#### HOT ITEMS:

- Bite-size desserts
- Locally grown product
- Organic produce
- Flatbreads
- Bottled Water
- Specialty Sandwiches
- Asian Appetizers
- Espresso/Specialty Coffees
- Whole-grain bread
- Mediterranean Cuisine
- Pan-seared Items
- Fresh Herbs
- Latin American Cuisine
- Exotic Mushrooms
- Salts
- Grilled Items
- Pomegranates
- Grass-fed Items
- Free-range Items
- Pan-Asian Cuisine

#### COOL ITEMS:

- Scandinavian Cuisine
- Starfruit
- Organ Meats/Sweetbreads
- Ethiopian Cuisine
- Kiwi
- Edible Flowers/Rose Petals
- Blackened Items
- Low-carb Dough
- Soda Bread
- Fruit Soups
- German Cuisine
- Taro
- Low-carb Items
- Foams
- Okra
- Vichyssoise
- Meat Salad
- Consomme
- Catfish
- Cold Soups

\*National Restaurant Association's top-20 list of hot and cool culinary trends for 2007, survey of 1146 members of the American Culinary Federation